

EST.  1998

MITCHELL'S FISH MARKET

SEAFOOD RESTAURANT & BAR

Appetizers

- Spicy Asian Shrimp** Sweet sticky rice and pickled cucumbers 9.95
- Our Famous Chesapeake Bay Crab Cake** Tartar sauce 12.95
- Seared Hawaiian Ahi Tuna*** Sushi rice, ponzu and apricot ale sauce ... 12.95
- Crispy Calamari** Zesty Asian dipping sauce 10.95
- Bacon Wrapped BBQ Shrimp** Broiled and served with sticky rice 9.95
- Pan Roasted P.E.I. Mussels** White wine, garlic, tomatoes, croutons 8.95
- Baked Spinach & Artichoke Dip** Fresh corn tortilla chips 9.50
- Jumbo Shrimp Cocktail** Fresh horseradish, cocktail and Louie sauces .. 12.95
- Crab, Spinach & Artichoke Dip** A Fish Market favorite 12.95
- Char-Broiled Oysters** Bayou cajun butter and Parmesan cheese 10.95

Oysters

Today's East & West Coast Oysters*

- Blue Point** - Long Island Sound, CT. each 2.25/ half dz. 12.95
- Olympic Miyagi** - Puget Sound, WA. each 2.75/ half dz. 15.95
- Oyster Sampler** 3 of each oyster 14.95

Lunch Favorites

- Crispy Fish & Chips**
Fresh made hushuppies, Old Bay french fries, creamy coleslaw 10.95
- Shang Hai Seafood Sampler**
Fresh Atlantic salmon, scallops and shrimp, steamed with ginger, sesame spinach, sticky rice and rice wine soy sauce 13.95
- Garlic Shrimp Scampi**
Angel hair pasta, diced tomato, Tabasco garlic butter sauce, toasted garlic bread 10.95
- Shrimp Americana**
Jumbo shrimp, spinach and mushrooms in a shellfish butter sauce served over roasted redskin potatoes 11.95
- Lemon Pepper Chicken**
Marinated chicken breast, smashed redskin potatoes, skillet green beans and a white wine garlic sauce 9.95
- Cedar Plank Salmon***
Balsamic glazed and oven roasted, grilled zucchini and peppers, sautéed asparagus, sun-dried tomato pesto and goat cheese 13.95

Salads

- The Market's Famous House Salad**
Carrots, cucumbers, cherry tomatoes, dates, pine nuts, poppy seed vinaigrette 6.25
- Our Classic Caesar**
Romaine lettuce, Parmesan, garlic croutons 5.50
Entrée size with your choice of grilled shrimp..... 11.95 grilled chicken 9.95
- "Titanic" Wedge of Iceberg**
Blue cheese dressing, tomato, egg, bacon 5.75
- Spinach Salad**
Granny Smith apples, red onion, bacon, goat cheese, spiced pecans, maple bacon vinaigrette 6.50

**Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness. Please inform your server of any food allergies*

****CONSUMER INFORMATION:** *There is a risk with consuming raw oysters. If you have chronic illness of the liver, stomach or blood or have immune disorders, you are at greater risk of serious illness from raw oysters and should eat oysters fully cooked. If unsure of your risk, consult a physician*

Enjoy these signature Fish Market items

Sample Lunch Menu

Today's Market Catch

Hand filleted on-site in our temperature controlled seafood cutting room and prepared in any of the following methods:

Simply Grilled or Broiled

Served with smashed redskin potatoes, market vegetables and shallot butter

Blackened

Served with étouffée sauce, red beans and rice, skillet green beans and cane syrup

Shang Hai Style

Steamed with ginger and scallions, served with sticky rice, sesame spinach and rice wine soy sauce

Salad or Sandwich

Any Fresh Catch selection served grilled, broiled or blackened over your choice of House, Spinach or Caesar salad or as a sandwich with creamy coleslaw

Tropical Tilapia

Costa Rica 11.95

Mahi Mahi

Costa Rica 13.95

Swordfish

New Brunswick, Canada 14.95

Atlantic Salmon*

Puerto Montt, Chile 12.95

Pacific Cod

Kodiak, Alaska 11.95

Sea Scallops

Georges Bank 15.95

Yellowfin Tuna*

Kona, Hawaii 14.95

Rainbow Trout

Boise, Idaho 11.95

Chilean Sea Bass

From South Georgia Island, certified sustainable by the Marine Stewardship Council.

We recommend our signature Shang Hai preparation - steamed with fresh ginger and scallions, served with sticky rice, sesame spinach and rice wine soy sauce
22.95

We purchase our seafood from responsible, trusted and sustainable sources to ensure the ecological health of our rivers, lakes, and oceans and the abundance of marine life now and into the future

****All Species are Subject to Availability and Seasonality**

Market Salads

- Blackened Salmon & Spinach Salad**
Georgia pecans, red onions, Granny Smith apples, bacon, goat cheese, maple-bacon vinaigrette 12.95
- Parmesan Crusted Chicken Caesar**
Fresh romaine lettuce, Parmesan cheese and garlic croutons with our classic Caesar dressing 10.95
- Chilled Shrimp Salad**
Fresh romaine and spinach, strawberries, cucumbers, red onion and goat cheese-poppy seed vinaigrette, macadamia nuts 12.50
- Seared Tuna Salad***
Skewers of salt 'n pepper tuna, fresh greens, sliced egg, green beans, olives, red onion, redskin potatoes and white balsamic vinaigrette 14.95

Sandwiches

- The "Codwich"**
Hand breaded and crisply fried, cheddar cheese, creamy cabbage coleslaw and Old Bay french fries 10.95
- Maryland Crab Cake Sandwich**
English muffin, cheddar cheese, shredded lettuce, tomato, red onion and served with Old Bay french fries 12.95
- The Market Burger**
1/2 lb of USDA Prime ground beef with cheddar cheese, crispy applewood smoked bacon, Old Bay french fries, and coleslaw 9.95
- Fresh Yellowfin Tuna Melt**
English muffin, cheddar cheese, tomato, sun-dried tomato basil mayonnaise and Old Bay french fries 10.95
- Parmesan Crusted Chicken**
Fresh crisp lettuce, tomato-basil relish, served with Old Bay french fries and creamy cabbage coleslaw 8.95
- Tilapia Fish Tacos**
Blackened or cornmeal crusted tilapia with lettuce, cilantro-lime sour cream, mango-serrano salsa, served with creamy cabbage coleslaw 10.95
- Lobster Roll BLT**
Maine lobster, mayonnaise, lettuce, tomato, applewood smoked bacon, Old Bay french fries, and coleslaw 12.95

Soups

- Little Neck Clam Chowder** Cup 4.95 Bowl 5.95
- New Orleans Seafood Gumbo** Cup 4.95 Bowl 5.95
- Maine Lobster Bisque** Cup 5.95 Bowl 6.95

TODAY'S WEATHER:

SANTIAGO, CHILE 75° CLEAR • KODIAK, ALASKA 61° PARTLY CLOUDY • LIMA, PERU 64° SUNNY
KEY WEST, FLORIDA 89° SUNNY • KONA, HAWAII 82° BEAUTIFUL • GEORGES BANK 70° FAIR

www.mitchellsfishmarket.com